**Tobacco Education Program (TEP)**

**Post-Test**

Survey ID: \_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Directions:** Circle the correct response for each question.

1. Nicotine…

A. Changes brain chemistry B. Is a stimulant

C. Is highly addictive D. All of these

2. Diacetyl is related to popcorn lungs and…

A. Is reversible B. Aids breathing

C. Found in e-cigarettes/ D. Does not scar the lungs

vape pen flavors

3. Thirdhand smoke…

A. Chemicals are left in the B. Smoke that comes from a

environment after smoking hookah

C. A mythical term invented by D. Occurs when the smokers

the Cancer Society share cigarettes

4. What percent of adult smokers started before the age of 18?

A. 20% B. 45%

C. 75% D. 88%

5. The amount of nicotine in a JUUL pod is equivalent to (choose the best answer):

A. One cigarette B. One to two packs of cigarettes

C. Half a pack of cigarettes D. Five packs of cigarettes

6. Are you at risk for cancers when using dip/smokeless tobacco?

A. No, smokeless is harmless B. No, not cancers only

tooth decay and bad breath

C. Yes, only oral cancers D. Yes, such as oral, pancreatic,

and esophagus cancers

7. How much do you think people risk harming themselves physically and in other ways when they dip, smoke, or vape?

A. No risk B. Some risk C. High risk

8. What is the definition of addiction

A. The state/condition of not B. A situation in which someone

having any or enough of must have something to

something survive

C. Uncontrollable desire to

use drugs despite

consequences

9. Which pathway of the brain is hijacked by addiction?

A. The Happiness Pathway B. The Pain Pathway

C. The Reward Pathway

10. Using a drug only occasionally cannot cause addiction to develop

A. True B. False

11. How often do you stop and think about all of the consequences that may happen as a result of your decisions?

A. Never B. Sometimes C. All the Time

12. I am worried about the effects of tobacco use on my health at this time.

A. Yes B. No

13. Tobacco companies target which groups with their advertising?

A. Youth and African Americans B. Asians, Latinos, and women

C. Latinos, African Americans, and Asians D. All of the above

**Answer Sheet**

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